

# BHARATI VIDYAPEETH'S COLLEGE OF ENGINEERING

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### Board of Student Development, Bharati Vidyapeeth's CoE Lavale

#### Report on Nirbhay Kanya Abhiyaan-Self Defence and Karate Training

#### Date:28/02/2019

#### Expert: Rohit Khandagale and Team from Steel Core Martial Arts, Kothrud, Pune.

"Nirbhay Kanya Abhiyaan" is introduced by the University to develop the confidence and personality of a lady student who comes from the rural areas and are deprived sections of society. The marginalization and deprivation is double if you are a woman and from the backward or scheduled castes. The main objective of this scheme is to develop a critical mind, self-confidence and a commitment to society. The lady students are given training in health, law, and social activities. They are also given training in self-employment and all possible other activities that enhance her social confidence.

Board of Student Welfare, Bharati Vidyapeeth's College of Engineering Lavale Pune had submitted the proposal to implement *Nirbhay Kanya Abhiyaa* for the Lady students and Lady Staff of the college and Board of Student Welfare, SPPU, Pune had given the approval for the same.

**"Talk on self Defence and Karate Training"** was the second program conducted for the lady students and staff under this *Abhiyaan on 28/02/2019*. Mr. Rohit Khandagale and his Team from Steel Core Martial Arts Kothrud came to give karate training.

In this program expert made an awareness about how to be cautious whenever we go out. He also shown some of the bad incidence happen if we stay unvigilant. Expert also spoke on basic techniques and explained how to do self-defence.

Later team give some basic and important karate training which would be helpful in emergency.

Total 65 lady students and staff attended this program. After completion of the program feedback from students was taken.

The preamble of the program and vote of thanks was given by Prof. Avinash Ingole (Student Welfare officer) and anchoring was done by lady student Ms. Shwetali Bhagwat

## <u>कार्यक्रमाचे छायाचित्रे</u>







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